

„VISION WORKS“ – CAREER COACHING FOR DANCERS

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visàvis

Coaching for Culture, Science and Communication

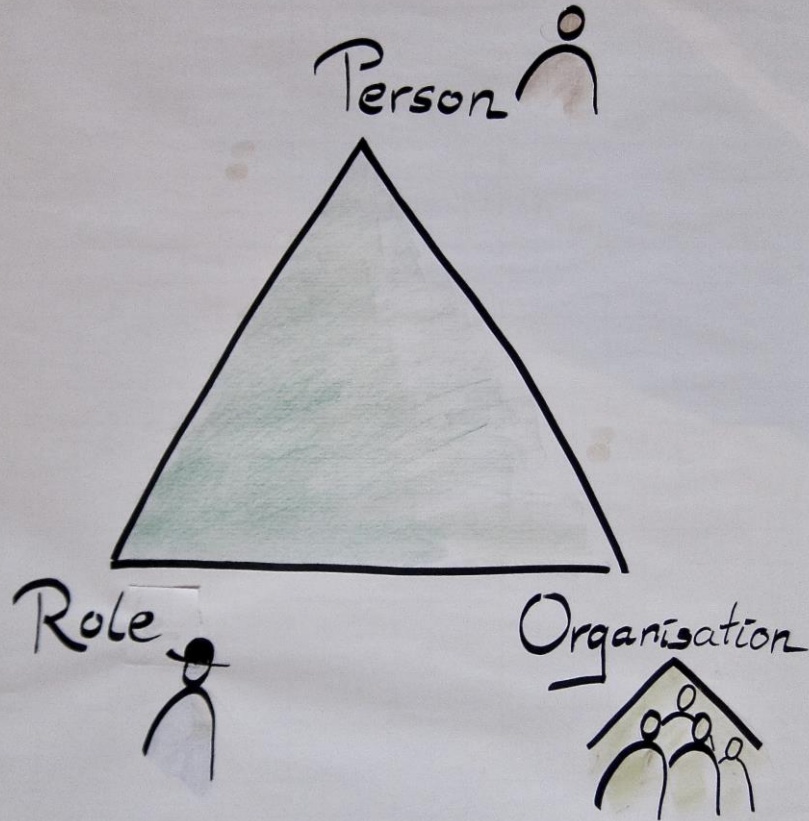
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① SYSTEMIC MINDSET


- ① You are the expert of your problem!
- ② Every problem already contains the solution.
- ③ The solution is already there!
- ④ You'll see the solution, when you stop focusing on the problem.
- ⑤ To do so, you need to change perspective!


Systemic Triangle ②



(3)

INTRODUCE YOURSELF

- 
- What are you doing as ... ?
 - How would your neighbour recognize, when you act as ...
 - What is a typical gesture ?

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- What are you doing as ... ?
 - How would your neighbour recognize, when you act as a dancer ?
 - What is a typical gesture, when you act in your role as a dancer ?

VISIONING 2025...

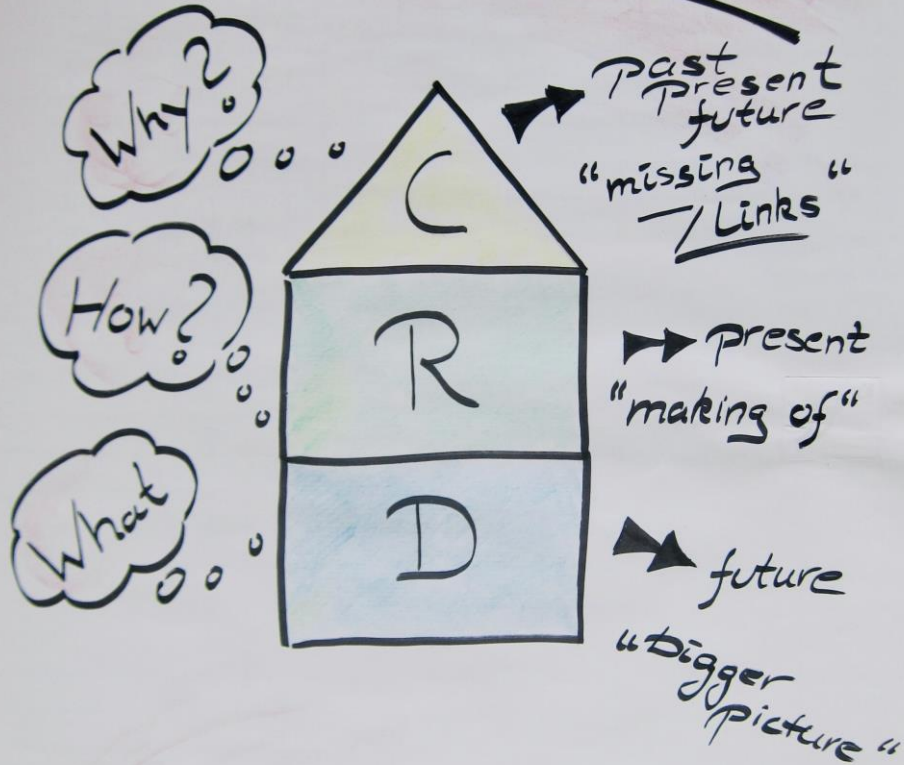
- Where do you want to live?
- Where do you want to work?
- What is special about the organization you'll work for?
- With who will you work?
- Which role will you take on?
- Who shares your privacy with you?
- What support do you have from friends and/or family?

FROM VISION TO GOAL



- ① Choose one vision (role)
- ② Imagine your best-case scenario
- ③ Paint a detailed picture
- ④ What goals do you need to set for the vision becomes reality?
- ⑤ Choose one goal and write it down!

WALT DISNEY ⁷



DREAMER

⑧

☁ What do you want to do?

☁ What is your goal?

☁ What will be then...?

☁ How does it feel
to have reached
your goal?

REALIST

9

- When the goal will be reached?
- Who will be involved?
- What is the first step?
- How do you recognize
 - that you are on the way
 - that you have reached your goal?

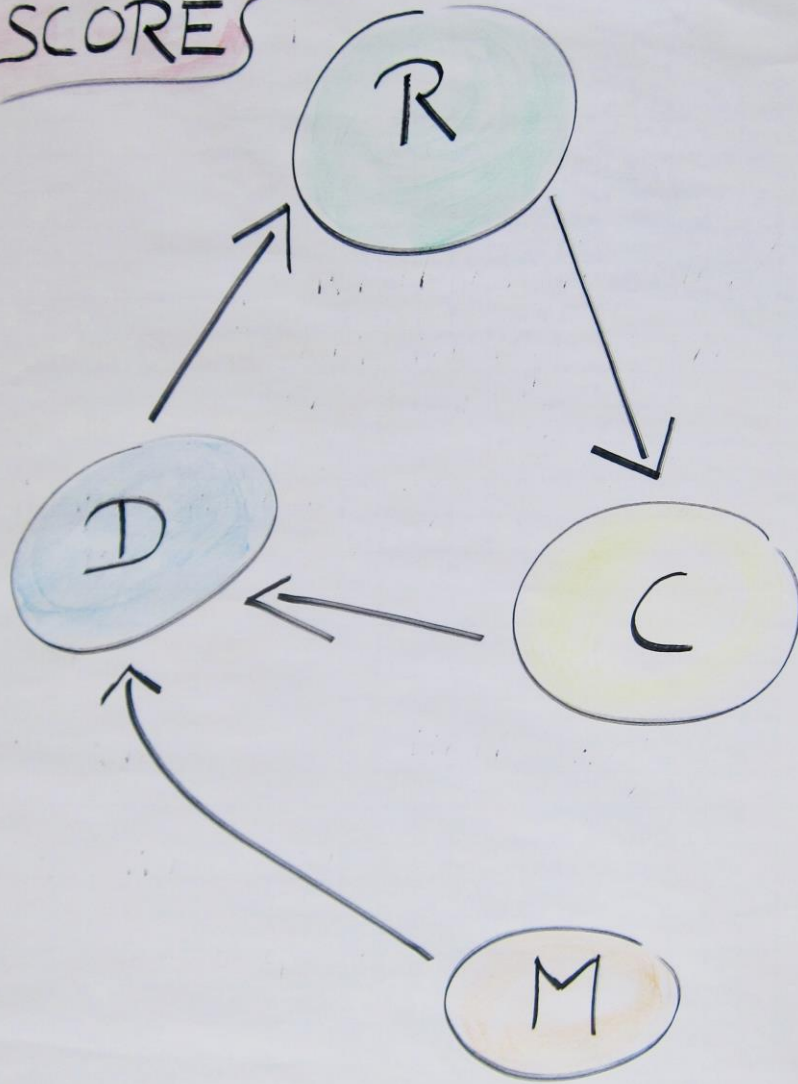
CRITIC

(10)

- ▽ What is the dis/advantage of the project?
- ▽ Who will be affected by the project?
- ▽ What is currently missing?
- ▽ What can get in the way of?
- ▽ Who can support the project?

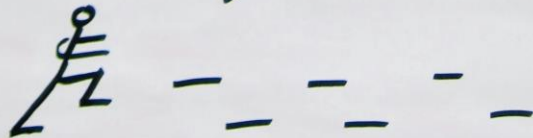
WALT DISNEY
SCORES

(11)




Meta Perspective →
/ Dreamer

- What is a possible solution for the 'missing links'?
- How can I guaranty that I follow the plan of the realizer?
- What is the first step?



MESSAGE TO The REALIST

<ul style="list-style-type: none">• What is my dream?• How do I realize it?• What do I need to realize it?• Until when do I want to get it done?	 <hr/> <hr/> <hr/> <hr/>
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